



UCJC REFLECTION QUESTIONS

SUNDAY, APRIL 10TH, 2022 | SERIES: THE WORD OUR FOUNDATION

Title: Building Your Life on the Bible - Pastor Harold McKenzie

Hear, Read, Study, Memorize, Meditate, Apply

Key Scriptures:

Reflection Questions:

1. When you are tempted and stressed, how can memorizing and meditating on scripture help?
2. Do you have a favorite scripture? Share it and some positive ways it has impacted your life.
3. Identify one new scripture to memorize and meditate on this week. Write down how you will apply it. (Suggestion: share it with a U group member as a way to increase your accountability.)
4. In order to increase receptivity, in what ways can you quiet your soul (mind, body and emotions)?
5. In considering your study of the Word, why is it not about the volume of what you read?

Answers & Notes: You can use the space below to write in, or type in on the pdf electronically:

